

Eva Kroth

## ANGELS, NATURAL SPIRITS, AND ALL HELPING ENERGIES

We are sending out wishes and hopes. We humans are taking responsibility for the transformation within matter. That is not easy. Sometimes I feel lonely and detached from everything that exists. Our helping energies know about the difficulties of the separation. We serve the whole, where we have experiences within matter and transform light. There is an infinite amount of help from all etheric dimensions for this purpose. There are techniques for learning this kind of communication. There is the possibility of speaking with plants and animals, with angels, elementals, gods, devils, with former humans. These possibilities are endless. Various books describe several methods.

Meditation is one way to open up to all the etheric planes. Then everything else happens on its own ac-

cord. Contact with angels can be wished for, but cannot be forced. It is essential to find one's own way and to unfold one's powers.

Beings from the etheric planes do not appear to us physically. We see and speak to them inwardly. We are not separate from them. When we leave our body in sleep, we encounter other creatures as figures beside us. Then we use our etheric body and see the others in their etheric bodies, too. Meditation is also a way to learn to communicate with etheric beings. We learn to look inside, where they are no longer separate from us.

We all have the potential to communicate with etheric worlds. Whether we want to do so and for what purpose is a question of personal development, in tune with everything that exists. There are many ways to communicate. Through individual prayers we can establish contact with etheric planes. The energy detects our intention through wishes and word vibrations, and communication can flow freely. We unite our energies at a higher frequency, not at the material one.

We establish these contacts every night when our body is asleep. In this state we can cultivate all the contacts we desire. For life on Earth it is essential not to deny the existence of etheric dimensions and their inhabitants, to offer the respect that everything that exists deserves, and to show ourselves the self-respect we deserve.

In every tree we find energies from the highest nature angels because trees are part of this angel energy. We find an angel in every human being because every human originates from the highest spiritual plane, where light separates and our life begins. We can all look for these wonderful beings outside us, but we can also find them inside us. They are always part of ourselves. Every animal, every plant, every human is a part of me.

The gathering points of natural beings are suitable places to find the path leading to a oneness with the nature inside us. The natural beings meet to celebrate the unity with their state of higher vibration. We find these sites at special locations in nature. They are sublime and superior places. We can take part, tune into the vibration, and send them recognition and joy. Recognition and joy will vibrate back. This will heal us. All feelings of unity heal us.

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