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IN CONTACT

I am reporting from the new era, after the transition to the [new dimension](#). All matter, every form, and every creature are now consciously communicating with one another. The separation between spirit and matter has ceased to exist.

I walk along a hedgerow. In the old time, there used to be a barbed wire fence. Now there are no more fences. A fine thread of energy marks the piece of land where I live with other people.

I have asked the thread to glow. Its light is vibrating information. Thus, passing creatures learn about who lives here and what kind of a community we are.

The sun shines a new, beautiful light. Plants oscillate. I admire every single one of them. They form small communities where they support each other.

We are living in a reality where everything has consciousness and is in an exchange with other things.

Plants, too, are now communicating with each other. Nothing is separate anymore. Each form is a personality with awareness I communicate with. I am in communication with the brook, the pond, and all animals and plants.

Together we learn how our consciousness shapes each individual form. Together with the plants we develop food for our bodies. Via the plants, we are taking up the Earth's vibrations. We all learn from each other, humans, plants, animals, rocks, stones, objects. It is a world of mutuality.

I did not like the barbed wire in the old time. I knew that animals were injured by it. A long time before the transition to the new era, the Earth sent new impulses from its center. Already, toward the end of the old time, many other people and I could open up to the spiritual side of matter. Once, when I, somewhat sadly, was standing by the barbed wire fence, my consciousness and its consciousness opened. It showed me that because of the purpose it was created for, its energy extended past the physical barbs.

This caused many animals to become trapped and injured. The purpose it was created for made the barbs'

aggressiveness perceivable in its aura. But, instead, it could withdraw this energy. Animals could then inwardly sense the barbed strands very clearly and would not injure themselves anymore. It was part of the Earth and did not wish to injure animals.

At that moment, the fence's consciousness was not separate from mine. We both longed for togetherness with everything in our environment, just like the Earth.

In the old time, we humans had ended up in a kind of war. We fought everything: ourselves, the Earth, nature, other people, other nations, diseases, and even death. The Earth was increasingly weakened by pollution and war.

We had been on a long journey toward densification, at the end of which we perceived the Earth, all living creatures, and all matter as something without consciousness.

We had come a long way in controlling matter. We denied all spiritual powers and lost contact with them. At the same time, the spiritual powers withdrew further and further. But the old age of densification was to end. The solar system, including the Earth, was on the brink of a transition to a new era.

As our solar system revolves around the center of the galaxy, the sun, together with its planets, continuously expands its consciousness.

Then, as now, the sun's path is full of life. The sun expands its consciousness in every encounter with other solar systems, gas clouds, light forms, or other entities of the galaxy. It is a journey full of adventures, like our life.

During encounters with the various kinds of consciousnesses of the most diverse galactic life forms, the sun absorbs an infinite amount of knowledge and experience. Traveling with the solar system, the sun also receives impulses for the development of new life forms on its planets.

Since the origin of our solar system, the sun has been accumulating infinite knowledge.

There was an eon when the astral and the material plane were not separated from each other. The Earth was matter, but not yet a solid planet. It was a creative power, a concentration of possibilities. The linear time as we know it was part of those creative possibilities. In these pre-times, the first forms of representations of life emerged.

It was not a world as we know it. Shapes were soft, transparent. They were simultaneously material and astral, as if consciousness in this eon were extending to another dimension and made attempts to shape forms.

It was a space without defined density or time, a space in which experiments took place concerning the kind of consciousness that could develop in a more dense form.

The concepts for the various forms emerged by combining with the forms of consciousness that the sun and its planets encountered on their voyage around the galaxy. Through constantly new experiences, the forms became more and more differentiated.

Time was still flexible, and there was no established rhythm of day and night, years and ages. Then, at the end of this eon, which was a time of searching for ideas and forms, the solar system, together with the Earth, experienced a transformation:

On its voyage around the center of the galaxy, the solar system encountered a tone that was a wave of light.

The consciousness of the sun and its planets faded. They fell into the tunnel of time. Then the light vibrat-

ed and the solar system united with a consciousness from another dimension.

Something new began.

It was the beginning of the division.

Spirit and matter separated.

It was the beginning of the era of the separation of spirit and matter, the origin of linear time. Time separated into beginning and end. Movement and stillness developed between beginning and end. Thus, the elements emerged and evolved.

Matter became solid. Forms solidified. The elements, too, took on solid forms as earth, water, fire, and light.

And then a new evolutionary journey of the solar system began. How do solid forms emerge, and with what kind of conscious powers? How dense can or should the atmosphere be? Different species came and went.

Time emerged and slowly evolved into time as we knew it. The rotation of the planets, with their positions and periods around the sun, began to develop.

The development of time also meant the development of matter. The light and the air needed for physical life came into being.

The self-consciousness of animals and humans emerged and became individualized.

With the increasing individualization, the separation of spirit and matter became more entrenched. Life on Earth became more and more dense and the connection with the spiritual levels weaker and weaker.

Toward the end of our old time, life on Earth became more and more difficult for plants, animals, and humans. But on its voyage around the center of the galaxy, our solar system again approached [the tone](#) that was a wave of light. The solar system was to implement another leap of consciousness [in the tunnel of time](#), including the Earth and us with it.

Even before this transformation, we and the Earth were in the aura of the new era. It was therefore already possible for many people to open up to the new era before the transformation. The future was already contained in the Earth's aura, and thus also the future of our life in the new dimension.

But matter remained locked. To open it up and to open up the consciousness of everyone, it needed the tunnel of time in which we, together with the solar system, could reach a new dimension of our consciousness and matter.

I remember the time before the new era in which I

am reporting. Back then, before the transition, there were already many people who perceived the Earth's changed vibrations emanating from its center and containing information for us.

Even before the transition, there were many ways people perceived the changed vibrations and opened up.

The old time with its powers still prevailed. The new era in which I live now developed before the transition in the invisible space. In contact with nature, many people already opened up to the consciousness of plants and animals. Some people developed new forms of communication. Some scientists tried to prove that plants had a consciousness and feelings. But knowing that animals had a consciousness did not stop us from abusing them.

Toward the end of the old time the elements of earth, water, fire and air drifted into chaos. Concurrently, the electro-magnetic field of the Earth continuously weakened. This field determined our lives.

The elements had ensured stability. It began to dissolve. Boundaries became unstable, agreements broke down. Very few nations formed alliances anymore. We

were living in times of dissolution. At the same time, new values and notions developed, enabling us to move toward the new era.

That was our life toward the end of the old time, in the aura of the new era: Even before the transition, the consciousness of the new era had to evolve and take shape as a matrix of the future.

This is how we were able to remain stable during the transitional phase: We lived in two realities. Simultaneously, we tried to open up to the new era and also to communicate on various levels with the consciousness of the Earth and our environment.

It was not easy. It meant finding one's way in a new world which was not yet visible. A new time-space was to emerge.

We were able to open up to the new era through meditation. There were many possibilities to expand consciousness. I communicated with the barbed wire. I talked to the consciousness of plants and animals.

I opened up to my higher self. That meant my self could expand and delve into a dimension without separation.

Every time I succeeded in getting into contact with a consciousness, I was in contact with the consciousness

of the collective. A cat was not just a cat, but a cat connected to its higher self. On that level, the power and the consciousness of all cats on the planet vibrate together, including wild cats and all other forms of this species.

I wished that my cat would stop hunting birds. It was difficult for the higher consciousness of the cats to imagine no longer hunting other animals. I recognized that animals, too, had to learn to open up their consciousness to the new era. We bowed to each other in gratitude for the other's existence.

But I also experienced failure. Communication was not always established. Both sides were trapped in their old worlds of thinking. I was also often ensnared in the old time's denser plane of consciousness. Sometimes the other world closed up and there was nothing I could do.

Like me, every animal, plant, rock, piece of metal, and object had to learn to open up to its higher self.

Before the transition I lived two lives. I abided by the rules of the old time and at the same time became open to contact with the consciousness of the creatures and objects in my environment.

I created a good, cool, and dark space to store potatoes. At the same time, I established contact with the consciousness of the potato and asked it to remain fresh for a long time. Holding a potato in my hand, I could perceive the history of its development, particularly its willingness to be food for us and to work together with us.

Where I lived, beautiful granite rocks grew out of the fields. After haymaking, I worried that the still slightly moist hay could generate too much heat and combust, so I sought contact with the consciousness of such a rock.

My consciousness melded with the consciousness of rocks. It was a powerful, Earth-encompassing power. The rock in front of me was not separate from that power, as I was not separate from the rock or the power.

The geological history of the rock, with its journey through time, was perceivable in its aura. The last ice age had brought it to my area, and it had the capacity to evoke the coldness of those times. I put it next to the hay bales. I knew it would not allow self-ignition. I bowed to its power. When I finished haymaking, it stayed in its place and kept watch.

Every time I was in contact with the consciousness of all matter around me, awe and gratitude for the existence of the other, on both sides, arose.

Most people in the old time had restricted themselves to the purpose of matter and thus forgotten their spiritual powers.

Now, after the transition to the new era, the Earth's energy field has changed so much that many things from the old time are no longer possible.

The vibration of being at one with the Earth and everything around us is present and consciously perceived by everyone. We are now on a level of togetherness with everything that exists.

Toward the end of the old time as I can recall it now, many people began to learn that every form has a consciousness. The separation of consciousness and matter ended in the tunnel of time, and we were able to glide into the new era.

The more consciously we had prepared ourselves, the easier the transition was for us. We only had to be open to the thought that everything evolves from consciousness. The high consciousness of the Earth, together with the sun, shapes and creates our living environment and time.

There is no dead matter. Everything is alive, only in different states of vibration. These can change, as they have changed several times during the Earth's history.

We only had to decide to consciously take part in the forthcoming change by being open to the new age of mutuality. This strengthened the Earth's new and still invisible magnetic field even before the transition.

When I now recall the old time, I feel the density that surrounded us. I feel the loneliness and the separation we were living in.

Now, in the new era, we are no longer lonely. We share our life with our environment and with the Earth. It is our home and a constantly conscious presence. We are part of its consciousness.

Together with the sun, the Earth, and all creatures we are developing a new era.

We now live in harmony with the sun, the Earth, and the elements, with the plants, the animals, and matter. Nothing happens out of self-interest anymore. In every step of our life together, the consciousness of the Earth and everything around us is considered.

The journey continues.

For those familiar with the chakras:

Imagine the seventh chakra opening itself to the energy of the higher self.

The seventh chakra is the threshold between the physical level and other dimensions. The opening up to one's higher self simultaneously is the opening up to the collective consciousness of everything.

Affirmations:

I open up to my higher self.

I am part of the Earth.

I am part of the light.

I am not separated.

Everything, including matter, has consciousness.

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