

Eva Kroth

## ON NEGATIVITY

On the outermost layer of a human being and the Earth light contains the harmony of white and black. Together, both poles create the energy for matter. They only exist together as a concept for form. Each differentiation contains the notion of the separation into good and bad, positive and negative. Harmony exists where both forces vibrate with equal strength, and disharmony develops where there is no balance. Every spiritual concept and all matter move between those poles.

We create heaven; therefore, hell must exist. Otherwise the concept of heaven could not exist. We judge every deed as either good or bad or else the deed itself could not exist.

Every belief creates its opposite in negativity.

I think, therefore I am. Every sense of health develops in comparison with illness.

Every sense of guilt develops in dialogue with the wish to be good.

Physical pain is the most condensed form of negativity, whether I am a victim or a perpetrator. Christian

belief is tied to the concept of hell. Therefore, hell exists, not as matter, but as a subtle dimension. If I am a Christian and trapped in my ideas of good and evil – if I see my life distorted by my guilty conscience – I will end up in hell after my death.

The astral planes of negative worlds are very dense and heavy. I can continue my earthly heaviness there, until the wish for liberation leads me out of the heaviness. For everything that exists there are helping beings. On Earth, we are surrounded by helping people, friends, siblings, and relatives. In all other dimensions helping beings and angels are equally there for us, and they help us fulfill our wishes.

If we wish for light, those wishes are strengthened by our aura. If we wish for shadow, the same thing happens.

The evil devils and demons take shape when we wish for something negative and are plagued by a guilty conscience.

Helpers of negativity are very friendly. They support humans who wish to reinforce negativity and carry it out.

*“We are in a place where matter is condensed, and therefore you project us into the Earth. But we are density and we work everywhere. We like to cooperate with the elements. We are confused with the elemental beings*

*and then turn into demons. Some cultures call the elemental beings demons. We are single entities. Therefore, you call us devils. Together we are part of the black energy and uphold the balance on Earth and in all of your lives. You create our shape. We do not have a body or a form, but your collective gives us a shape, so some can then perceive us in the projected form. Then we also assume a body. It is only through light that we yield. That is a law. Not through another color, but only through white light. Light needs us and seeks us out and will never destroy us. We, the negative energy, will always be there, as long as there is form on your Earth. We are the form in unison with the light. We are partners. Our dance of energy is meant to sway, vibrate, and dance together.*

*“Both of us, light and shadow, enhance and minimize each other in the play of time. Our harmony always remains the same. Light never gets lost. Shadow never gets lost. We are one.”*

Fears are the condensed parts of us where no light radiates, where we have stored experiences from other lives, where we experience constriction if we cannot detach ourselves from our concepts, where we get ill and experience pain.

We can learn to live with our fears and sufferings; we can constantly examine where they originate. We can

respect the fear because it also protects us. Fear is not only our enemy.

Everything contains the wish for change. Our fear also wants to change form. Nothing is rigid. We come together, we and the fear. We are life.

Every society has created its own gods. The gods have created our lives in a process of reflection with us. Every society creates its own demons and punishing authorities. Every hell is the negative part of ourselves. Hell exists, it vibrates within us, it gives us weight, and we are its actors.

As long as we are humans, we will carry the negativity inside us. Without it, we would cease to exist.

We are free in interpreting the negativity. We can create hells and demons. Some people serve us by taking on the role of villain. They murder, start wars, and incite violence. On a personal level, we hold them responsible for their deeds, because we are maintaining an order. On the mental and spiritual plane, perpetrators and victims can no longer be separated and serve the collective.

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