

Eva Kroth

THE SPIRIT OF THE TONES

Infinite consciousness is vibrating in us. We are like a concert of tones vibrating in us. Every thought, every experience, every feeling vibrates in us like a tone or a color. We absorb all the tones of the universe and allow them to vibrate within us. We are tones and colors of light. We are a resonating body and music in one.

We offer a resonant surface for the tones of the universe. We absorb them and release them as sound. Every thought is like a tone. All life stages create a tone, all suffering, every change, and all knowledge growing inside us.

We are like a vibrating, sonorous concert. Our life is like a concert, and we are like a tone in the concert of all life in the universe.

We absorb the cosmic tones, form a resonant surface by which we transform the tones into a creative new concert and give them back to the vibrating cosmic concert. Everything inside us is resonant surface and

instrument in one. Every material, emotional, and spiritual aspect of us vibrates and resonates. Every tone vibrates in a frequency visible in the colors of the rainbow. Every play of tones is also a play of colors, because color is a visible tone.

We are a resonant surface for cosmic energy. Tones of the universe vibrate toward the sun, to the planets, to the Earth, to everything alive on it.

We are the carriers of the cosmic tones which, as body, soul, and spirit, bring life out into the universe. The tones of the universe sound in every single cell of ours. The tones stream through us, are being transformed by our life and released back to the infinite universe. The tone needs matter in order to sound. We are the matter that perpetuates it. All matter known to us is the resonance and transformation of a never-ending, universal, cosmic concert. Our physical body, our soul, and our spirit carry the sound of the universe inside and release it back to the universe.

We only hear a part of the tones. Their number is infinite, as infinite as all forms of the universe. Inside us, everything rings. Inside us, the resonance and transformation of everything vibrates. Inside us, everything vibrates and sounds together and vibrates to the whole universe.

With this tone, we communicate with all living creatures and the whole universe. Everything sounds and vibrates and is tone. It is resonance for all that is coming and going. Tones vibrate through every aspect in us, and their vibration continues through everything in our environment.

Tones allow us to be music, because everything in us is also sound. We ring like every living creature and every form of life. We ring into the Earth. The Earth absorbs our tone and the tone of all life forms. The Earth and all life on Earth generate the tone of the Earth. It vibrates to our solar system, it vibrates to other planets, and, together, all planets vibrate toward the sun. Thus, the music of our solar system emerges as an incredible concert and reverberates out to the galaxy, is received and transformed by the galaxy, and is carried to all infinite expanses of the universe.

Each manifestation is like a resonating body or instrument of the infinite, momentous, cosmic concert, unique and everlasting.

Tones from the infinite expanses of the universe vibrate in us, in our life, and vibrate as consciousness in a multitude of forms. We are free to vibrate with it with our consciousness. Everything now in existence sounds and vibrates. Everything that has been vibrates and never gets lost, because the waves of tones and colors

never end. Past and present sound in us and vibrate in the universe. The future creates itself anew every second and resonates with it.

Every movement of time resonates with it. Every wave finds a path and its destination, a new resonating body. It merges with new waves and tones and carries on ringing.

We hear the tones, we see the color and feel the sound. Everything vibrates through us. We absorb all waves and add a new tone to everything before it continues vibrating into the universe.

Every thought is a contribution to the consciousness of the infinity. Every feeling carries infinite knowledge into the universe.

We are one tone and all tones. We are one color and all colors. We are one knowledge and one consciousness. We separate from the universal consciousness by a color or a wave and expand our inner spectrum of sounds every second, every day, and every year. Forever.

Every cell, every atom, every feeling, every thought in us is like a singing bowl for the universe. Everything in us is like a singing bowl for everything living and existing on Earth, for every human, every animal, and every plant. We all reflect the tones striving toward us. We send them on, interpreted and transformed.

We are a tone of the Earth. The tone of a solar system contains all planets and living creatures. We are one tone with the sun, and together with the other planets, we ring like a cosmic concert into the universe. Everything in existence is like the overtone to all other existing consciousnesses in all universes.

We are a tone forming itself and growing to a concert, the concert of our life.

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