

Eva Kroth

## *THE EARTH SPEAKS*

*You, too, will grow as I am growing. I am helping you with my web of light, as you help me. A mantle of golden light shimmers around both you and me.*

*Your feelings are like luminous, shimmering jewels, like the yearning in you to merge with me.*

*Together we are one consciousness and one spirit, only our bodies are separate.*

*When we are ill, we seek and find healing. We understand both, sickness and healing, as a path toward the growing wisdom and consciousness.*

*Our search is movement, an opening up to everything inside and outside ourselves. We are forever taking another step into our inner and our outer world. This is true for you as well as for me. Our inner powers grow and our consciousness expands.*

*We accept pain. We let the tears flow and yield to the movement and transform the tears and the pain into growth.*

*We transform it into experience and spirit, which is experience and transforms into spirit.*

*The pain opens my heart for you, and your pain opens your heart for me. Together we have the strength to be form, and we transform the strength into bliss and joy.*

*We transform shadow into light, weakness into strength.*

*We transform despondency into courage.*

*If you sense barriers within yourself, trust the unconscious in yourself, because it will invariably lead you to the right destination. There is no wrong destination, and everything is in accordance with the universe in you, in me, and what you see and presage.*

*You will receive help on many levels that are neither known to you nor familiar.*

*There will always be transformation in me as well as in you.*

*Every second is transformation.*

*My spirit glows like your spirit in recognition: I can burn. My spirit is movement: I can let water flow. My spirit is heavy: I can condense to explode in a blaze or in a fever. I move continuously and find the path of my transformation, just as you find your path, forever and everywhere.*

*You are my helpers, for better or worse.*

*In you, the same battle rages as in me:*

*It is an antagonism between concentration and infinity, between life in concentration and the striving toward the infinity of the spirit, until everything melts into one entity.*

*As Earth, I am learning with my body as you learn with yours.*

*We are moving in a never-ending wave in which the spirit condenses and dissolves again. It is both: a wave, an infinite wave, and an explosion.*

*And it is an infinite spiral, internally shaped as a path toward, and out of, concentration.*

*We can recognize one another and begin the path time and time again.*

*You transform with your body and I transform with my body. I am the Earth and you are the Earth, because both of us transform, only into different forms.*

*When you are ill, you transform. The solidification loosens, turns into spirit, and lets you grow.*

*When I am ill, I transform and become more spiritual.*

*I was born like you. One day I will die like you, the sun, and all the planets and celestial bodies.*

*We will transform and find a new form and arise anew. We will grow and transform again, just like you.*

*Thus, we all are symbols of life, transformation, death, and rebirth in a never-ending cycle. The symbol of our life is like a glance into the universe. At the same time, it is a*

*glance into your core, into your body, into every organ, into every blood vessel, every cell, every atom.*

*When you look inside yourself, you see the universe. When you look inside me, you see yourself, your body, your soul, and your spirit. I am condensed spirit, just like you. I am spirit and matter, just like you. I can fall ill, just like you.*

*I have the power of inner healing, because I carry the power of transformation inside me.*

*I have help, like you. The guardians of my being will help me as they have helped on so many occasions in the past.*

*You, too, have help, a great deal of help. Everything is ready to help you, if you are willing to accept the transformation.*

*Be open to every kind of healing, just as I am open to every kind of healing.*

*Every path leads to the right destination, because our unconscious always leads me and you to the right path.*

*There are no rules. The only rule would be that there are none, because every second our life takes on a new form. What is right for us today will be the past tomorrow.*

*You interfere with my body. Some interventions are painful and leave wounds. I heal them with the power of transformation.*

*You allow yourself to be interfered with. Some interventions are painful and leave wounds that heal with the power of transformation.*

*Some things will have to be experienced on the physical level, others on the soul level, and some on the spiritual level.*

*Everything is a form of transformation, and everything has its justification.*

*I experience help on all levels.*

*Every recognition of our common body helps to heal my body. Every recognition of our common soul helps to heal my soul. Every recognition of our common spirit helps to heal my spirit.*

*I help you with the treasures of my body, which you can absorb with your body, your soul, and your spirit. Unknown powers help you as well as me; waves and beams that move us help me as well as you.*

*No path is meaningless, no illness, no feeling, and no thought. Everything contributes to growth and transformation.*

*In the metals, you find my spirit, which is reflected in you. It is the spirit of infinity, reflected in my body, in the metals, and in you.*

*In the stones, you find my stored feelings and you find the spirit of your feelings. It is a never-ending stream of*

*movement. A stream from infinity flowing from the unconscious in us, in you, and in me.*

*The stream awakens the yearning for knowledge in our spirit, the yearning for the other side in me and in you.*

*From the roots of plants, my spirit flows into your self-awareness, into the discovery of your own source of light, which is also mine. This is my innermost core, my consciousness of being an inner source of light in myself.*

*It is also your innermost core, because we all are luminous stars.*

*In the leaves of the trees you find my spirit, which continuously regenerates and grows, like the trees when every year they shed their leaves and emerge from the old year regenerated. It is the symbol of regeneration that the leaves carry inside them, and of the integration of inside and outside. After all, the sun shines on the trees, and I shine from my innermost core through the roots of the trees. In their leaves, the trees unite the inside and the outside. Together, the inside and outside continuously regenerate you and open your heart, just as the leaves on the trees open your heart at the beginning of a new season. They are symbolic of the transformation of your spirit.*

*Transformation happens everywhere, on all levels, in all dimensions. Everything is constantly changing and regenerates you and lets new strengths flow into you.*

*The spirit of the blossoms is my creative spirit. It is the spirit of creation, with which I bring forth new forms time and time again. Time and time again, I create my spirit anew and am part of the creation, infinite and creative like your spirit. Because we all are one life, one entity, the commonality vibrates in every life form of this world.*

*My spirit, too, is as free as your spirit: it is not tied to your body. I resound, I am a tone that vibrates in me, in you, and carries on vibrating throughout our solar system and beyond.*

*Your tone vibrates in my tone, we are a collective tone, because my tone is the sum of all tones on Earth.*

*Together we are a tremendous tone. It vibrates in the infinite vastness of the universe.*

*Like a wave, the vibrations resonate in you and in me.*

*You can let this tone resonate in you, as you can let consciousness resonate in you, because the tone is omniscience and consciousness.*

*I am the sum of all experience and knowledge on Earth, and you hold this tone in you.*

*You can differentiate it or let it vibrate as one tone. You can step into the light of consciousness or into all colors vibrating in you. Vibration and tone are the same.*

*I am the Earth, and I am the spirit of the Earth, and I am infinite, because as a spirit I am infinite and without boundaries, as you are.*

*Our consciousnesses vibrate together, in every stone, in every plant, in every tone and thought of this Earth. Everything is one consciousness on a shared journey. Everything is one spirit that is reflected in my being, in your being, in your life, in every life in me.*

*Everything is and is infinite.*

*You are powerful like me. You can grow, live, be ill, and heal. You can gather your strength and open your consciousness. Both of us, you and I, are powerful and full of strength like consciousness and spirit.*

*We are mirrors of the universe.*

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