

Eva Kroth

THE COMPANIONS

My awareness is open. I am in the world of vibrations. Nothing is fixed, everything glows in infinitely many shapes and colors. Each shape and color expresses awareness, knowledge, and experience. I concentrate on light in which my questions are contained. I formulate thoughts in words and pictures. My expanded awareness forms vibrations in shape and color.

I am in contact with my astral companions. They do not have a solid form like human beings. They are not individuals. They are the awareness, the knowledge, and the experience of many individuals. They combine astral energy in themselves. They are figures of light, formed from experiences.

They lived many lives on Earth. They can assume human contours if they want to or if we need them to. When they do, the astral figure is the memory of experiences during many lives on Earth. The pulsating light around the companions is their high level of awareness. My companions and I communicate on a

common plane of vibrations. We are united by the task of preparing human beings for a future.

My companions are neither male nor female. This division does not exist on the spiritual plane. On the astral plane there is a distinction in terms of energy between the male and the female. Male energy is active, it is action. Female energy is passive, it is knowledge. Together the two energies create consciousness in form and structure.

My earthly mind contains questions. My expanded awareness is simultaneously in my physical body and in my astral energy body. I think questions and transform them into fluid colored light. The companions answer with impulses made of light. My expanded awareness transforms the impulses into words and pictures.

The light emanating from the companions is shaped knowledge and awareness. I can perceive their energy and receive their answers, and can thus participate in their knowledge. They are a spiritual source composed of light impulses. I am in communication with a light source. I transform light impulses into words and pictures. This communication also creates scenes – that is, pictures that emerge and change. It is a process of translation.

The exact extent to which the translation of the impulse into our reality and earthly language succeeds

is a question of experience. How porous am I? How much do my own fears intensify what I perceive? How much am I influenced by culture and religion?

People who follow the Christian religion see their companions as saints, angels, or Jesus. People of other faiths encounter other representations of their religion. Others link energies to projections of earthly persons from another time or dimension. With the personification of energies people recognize the spiritual powers around them. Even if they are projections, they are conscious minds with changeable bodies that are formed from experiences. Neither the time nor the dimension plays a role in communication, for many times and dimensions exist on the astral planes. They are projected spaces made of experiences.

All human beings have astral companions in their earthly life. They are there when we are born. They are there to help us live our life in the material world.

Even if we do not realize it consciously, our life is determined by higher forces. They are the forces of the Earth with the elements, the forces of the planets of our solar system, and the energy of the time we live in. These are the forces that guide us to fulfill our lives.

The companions know these forces. They are part of these forces with their awareness. The companions know the vibrations of time on Earth and the state of

nature and the elements. The companions know the planets of our solar system. They know how the situation of vibration changes over time. They are connected to all the energies and help us fulfill our earthly life.

The companions are mediators. They can take that role because they know the forces that guide us from many lives. Their lives and our lives were, and are, individually shaped expressions of these energies.

The movements of the planets inside our solar system open up the companions' access to us. Or we consciously open up ourselves to communication with the companions under particular constellations.

We also exist through the powers of the planets. But their powers are so strong that we need the companions as mediators. The planetary powers form the impetus for action and experience for the Earth, for us, and for all life on Earth.

My companions are specialists, beings made of awareness that have been occupied with particular topics in many lives.

They know life on Earth through their human experience and are in a position to understand my questions and to answer them.

The companion for the forces of the elements has been occupied with the elements on many planes. He was

born in water. He became a fish, he went on land and continued developing to become familiar with all elements and to collaborate in forming them. He was a fisherman and drowned. He lived in deserts and knew thirst. He lived in the moor and understood water. He had lives in which he wrested nourishment from the Earth. He knows many species of the element fire, fire as a destroyer, fire as a giver of heat, fire as light. He knows the air as storms and hurricanes, as a home for the birds, as the dream of flying.

The experiences on Earth have revealed the spirit of the elements to him, for he expanded his awareness with every earthly experience. He expanded his spirit with the experiences on Earth. He realized that the material form of the elements contains the spiritual force that gives life on Earth its particular qualities.

Like all the companions, he lived for many years as a man or a woman. In these alternating gender roles the companions combined the experience of having lived out actions and knowledge in different forms.

The companion for the forces of nature knows the spirit of plants and animals. He was part of their development on Earth. He knows the powers of healing that emanate from the nature of the Earth. He knows the vibrations of plants and the essential character of animals.

It is he who has shown me how body, soul, and spirit lose contact with spiritual energies and can regain it once more. I have also learned how strongly imprisoned we are in matter, individually and collectively. With his help my heart has opened up more and more to the forces and heightened awareness of nature, particularly to the heightened awareness of animals.

The companion for the forces of time, as a human being on Earth, has continually tried to understand the energy of time. He has investigated time further on the astral plane and helped shape time. He has travelled in time and learned everything about the relationships between the dimensions. He has continually brought parts of these experiences with him to Earth.

I still find it very difficult to understand the energy of time. But over the years I have learned to expand my awareness so far that I can move outside linear time

Time on the astral plane has a different meaning to our linear time. If my awareness is focused on the astral plane, I sense all perceptions as Now. I move in various time-spaces of experience in which our linear conception of past, present, and future hardly play any role at all.

Anybody who enters another dimension enters a different space-time structure. The information impulses come from a different dimension in which our

linear time does not exist. From there it is very difficult to specify a particular date in our linear time. That is why many prophecies are not fulfilled at the expected time.

It took many years of practice for me to open up to the change of time and space. Time and space form such a fixed unity for us that we can hardly imagine a transformation from this fixed state.

The companion for the planetary forces has had many experiences in researching the effects and influences of the planets. He has helped to construct the flows of communication from the planets to the Earth. He has experienced the transformation of planetary energies in many lives. He has learned how these energies are expressed in particular events.

The forces of the planets of our solar system are high-level forces without relations to humans. In many time periods on Earth the companion expanded his awareness to include knowledge about the course and energy of celestial bodies.

Consider, for example, knowledge of the power of the planet Mars. Its high energy is always present. It vibrates to the Earth and to us individuals. Mars changes its energy over time. All the planets of our solar system change their energy flows through their movements in the sky. That changes their mutual exchange of forces.

In addition, every event on Earth expands the energy of the planets. In every form of force, battle, or aggression on Earth Mars experiences a physical representation of its energy that expands its awareness. Everything is moving and changing. The companion knows the many aspects of experience of the energy of Mars and all of the other planets, and contributes to structuring these powers on Earth.

My companions are a group. There are many such groups. Their knowledge is not the separated knowledge of individuals. Their knowledge combines to form a source made of light.

There are many such sources of light with varying experiences. For many years now, different awareness groups have transmitted expanded knowledge to human beings on Earth through vibrations. Human beings open up as individuals to this knowledge in different ways and transform these vibrations differently. Depending on their awareness, humans translate the light impulses individually. The translations are basically similar. They all speak of a new time that will come. A constant flow of energy exists between the spiritual planes and the material world. Vibrations flow back and forth whether people are aware of this or not. Ideas arise and change individual lives or whole societies. Life on Earth unfolds in

communication with spiritual life. Life on Earth is like a formulation of energy.

The spiritual information about the transformation of our time is becoming increasingly urgent. It is part of the preparation for great changes. There is strong interest on the spiritual plane in preparing human beings to be able consciously to experience the [transition to the new time](#) and to transport their experiences onward into the future. The transformation of our time-space will be a miracle.

The future of the Earth and its inhabitants is based on the knowledge of the past. The more openly aware we are of spiritual energies, the easier the new beginning will be.

The companions have great experience with life on Earth. This is one of the reasons why they have assumed the task of passing on information. They have learned where it leads when human beings encapsulate themselves in material thinking and become spiritually darkened. The companions have also experienced many incarnations that taught them how their awareness darkened in dense matter. They experienced the collapse of societies that appeared on Earth and vanished again.

We understand our time travel as a journey of the solar system around the center of our galaxy. That is the

linear journey. At the same time we are bound up in a system of further dimensions unknown to us. They are hidden from us in black holes.

These black holes are transformers of time and space. They form a weave of time and space inside our galaxy. We are part of this weave and are now flying into a constellation that makes it possible to conceive a new time in a new space.

The consciousness of our solar system is ready for the birth of a new time. The moment of its conception is embedded in the surroundings of our journey around the galaxy. The consciousness of the new time will take shape with the birth. Our material world will change.

A new time-space will begin. The companions do not count in earthly time. They perceive the Earth's state of energy. They see the passing of time as a transformation of energies.

From the astral perspective, the moment of the approaching transformation of the Earth is visible as an increasingly concentrated energy field around our planet. It looks like an ever denser and darker coat that is wrapped around the Earth. The energy exchange between the Earth and its light forces becomes increasingly difficult. Like an old weakened body, the Earth will hold out until the predetermined moment of its transformation. Now I am slipping into the spirit of the companions again.

“We are here where the present time of the Earth is one of many. We see epochs come and go. We see changes come and go. We are outside the time that you know. For us, time is a process of focusing inside movements. We can look at every development of the Earth. We are part of the forces of the Earth. Time forms awareness in time-spaces. Time and space change. The spirit of the Earth shines like a diamond, iridescent light without time, indestructible, a source made of light.”

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